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## Latino/Latin American Studies becomes major

LEIA BAEZ

Conv editor

After several years of pushing for a major, the staff of the former Department of Chicano/a-Latino/a Studies can finally culphrate.

The University of Nebraska Board of Regents approved the UNO proposal for a bachelor of arts degree in Latino/Latin American Studies at its Dec. 13 meeting.

Starting next fall, students will be able to pursue a major in Latino/Latin American Studies at UNO.

The new major is an extension of an interdisciplinary minor in Chicano/a-Latino/a Studies offered by the College of Arts and Sciences since 1996, said Lourdes Gouveia, director of the new UNO Office of Latino/Latin American Studies of the Great Plains and associate professor of sociology.

"Student interest in Chicano/Latino Studies has exploded in the last three years, mimicking demographic trends and their implications for the Omaha metropolitan area and the state as a whole," Gouveia said. "Businesses, social agencies, policy makers, scholars and students are eager to tap into the knowledge base and training opportunities

offered at UNO."

The major requires completion of two introductory interdisciplinary survey courses—one in Chicano/Latino Studies and another in Latin American Studies, 21 hours of additional Latino/Latin American Studies courses, 16 hours of Spanish (or the equivalent), three hours of research methods and a senior level capstone course.

"The flexibility and nature of the program will allow students to pursue a double major, and they will be encouraged to do so," Gouveia said

However, Jonathan Benjamin-Alvarado, OLLAS' assistant director for research and outreach and an assistant professor of political science, said a lone major in Latino/Latin American Studies will also bring several opportunities.

"It will open a lot of doors," he said. "You are going to have an understanding that will make you a very useful employee whether you go into business or become an attorney...this is all good preparation."

The new major will require no significant additional resources, Gouveia said. All funding will come from internal reallocation within the

see MAJOR, page 2

# Croskey, Gunn plan to get students more involved

Issue 29



Jono Croskey takes his oath of office from Donal Burns.

QIANNA BRADLEY

Staff writer

After a controversial student government election, Student President/Regent elect Jono Croskey and Vice-President Kyle Gunn were installed into office Wednesday.

About 30 people attended the induction ceremony, which was held in the Nebraska Room of the Milo Bail Student Center.

Administrators, family and friends came to show support for Croskey and Gunn.

"I'm very happy," Richard Croskey said of his son. "I think he will do a fine job. I think he works hard, and he will work hard for the students."

Croskey credits the student body for his success in the elections. "I wouldn't be

here if it wasn't for them," he said.

Croskey realizes that he will face many challenges while in office. His main focus is to talk to the students and get them more involved in campus activities. Croskey said some previous student president/regents were more concerned with the organizations they belong to.

"I came into this office to solve problems and not pass them along to anyone else," Croskey said.

Croskey is adamant in helping the student body find a stronger voice within university affairs.

"One of my goals is to go out and talk to every club and organization to make sure that everyone has a voice on this campus," he said. "Once you get to talk to everybody than you'll actually know the

see CROSKEY page 3

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## Former UNO vice chancellor resigns his presidency at IUP

JOSIE LOZA

Editor-in-chi



Derek J. Hodgson, former UNO vice chancellor of academic affairs.

Derek Hodgson, the former UNO vice chancellor of academic affairs, announced Jan. 9 he that resigning position president Indiana University Pennsylvania.

He will serve his last day at the university today.

According to the Pennsylvania State System of Higher Education, Hodgson resigned his presidency for unspector if edpersonal reasons. He was unavailable

for comment.

In a statement, however, Hodgson said "I feel that it is in the best interest of my family and the university for me to discontinue my responsibilities at IUP."

The Pittsburgh Post-Gazette reported that neither he nor state system officials have said if Hodgson's resignation was related to his filing for divorce on Dec. 10. He and his wife, Hazel, have been married for nearly 25 years.

Hodgson had served as president of the university since August 2003. Previously, he served as UNO vice

see RESIGNS, page 3

## Vice chancellor candidate vows to build relationships with students and faculty

MARION RHODES

Staff writer

Student input in administrative decisions is high on the priority list for Robert I. Bolla, the third finalist in the search for a new vice chancellor for academic and student affairs.

As the search for Derek Hodgson's replacement nears its end, Bolla, currently dean of the College of Arts and Sciences at Youngstown State University in Ohio, interviewed for the position Wednesday.

Shelton Hendricks, dean of the College of Arts and Sciences at UNO and chair of the search committee, said no more finalists are scheduled to interview and that a decision on Hodgson's successor should be reached in "weeks rather than months, if not days."

In an open forum, Bolla told an assembly of nearly 40 people – mainly faculty members - about his visions and experiences.

Bolla said he was disappointed to see that students didn't show more interest in attending the forum. He said a connection between students and administrative leaders was very important to him, both in his current job and in the event of his acceptance at UNO.

His vision for the university, Bolla said, was to serve the area, be entrepreneurial and contribute to the cultural, social and economic development of the area while keeping students in mind.

"Scholarship is key, and outreach is important," he said. He wants to make sure the campus environment is seen as friendly.

Another goal he outlined was to familiarize himself with the university's colleges, schools and departments and their leaders as well as to build active relationships with faculty members to gain a better understanding of any issues of concern.

Though not yet entirely familiar with all issues concerning the university, Bolla said he didn't see many problems ahead of UNO other than the same financial trouble

## News Briefs around campus

VALERIE CUTSHALL

No Classes in Honor of Martin Luther King Jr. Holiday

In honor of the MLK, Jr. holiday, on Jan. 19, the university is closed and classes will not be held. The university will re-open on Tuesday,

Mav-Rec Offers Classes this Spring

Campus Recreation and the Wellness Stampede are joining together to host Mav-Rec classes this semester.

All classes are held in the Health, Physical Education and Recreation Building. Classes are free to all current students and Campus Recreation cardholder.

Classes offered this semester include group exercise, golf clinic, dance lessons, swimming, yoga, Pilates and much more.

HPER spring pool hours are 6:30 a.m. to 7 p.m. Monday through Friday. 1 p.m. to 7 p.m. Saturday and 3 p.m. to 7 p.m. Sunday. more

For information contact Dave Daniels at 554

2008.

Campus recreation will be closed Monday to observe Martin Luther King Jr. Day.

Goodrich Hosts Bowling **Tournament** 

A benefit bowling tournament, hosted by the Goodrich Student Organization, will be held 6:30 p.m. to 9:30 p.m. Wednesday, Jan. 21.

The bowling tournament will help raise money for the Make a Wish Foundation.

The tournament will be held at the Ranch Bowl, 1600 S. 72<sup>nd</sup> St. Admission to the tournament is \$8 per person or \$32 per team for three games. Checks can be made out to the Goodrich Student

> Organization and must be paid by Monday,

For more information contact Ashley Rodriguez Reed at 399-1797.

#### r from MAJOR, page 1

UNO College of Arts and Sciences. A recently awarded congressional earmark also will contribute to the operation of the program.

Benjamin-Alvarado said he anticipates a high interest in the new major being that the Latino population in Nebraska continues to grow rapidly.

"One of the things we are hoping to do is create some excitement about this," he said. "This should be attracting to a lot of different students."

Students who major in Latino/Latin American Studies will study several different perspectives of Latino politics, social issues and cultural issues. They will gain the analytical, methodological and practical skills necessary for employment and citizenship in today's diverse environments, Gouveia said.

In conjunction with the recent establishment of OLLAS, the Latino/Latin American Studies major will contribute to the recruitment and retention of Latino students, enhance UNO's cultural diversity goals and campus environment and enhance campus opportunities for collaboration with local and transnational communities, educational institutions, businesses and policy makers.

"I see what we are doing as providing a platform for people to step off and do greater things," Benjamin-Alvarado said. "This is a really great start."

## NU budget woes continue into 2004

LORI STUHR

The UNO budget continues to spiral downward.

At the NU board of regents meeting on Dec. 13, John Bartle, UNO associate professor of public administration, presented Don Boyd's study of the state spending for higher education.

The study presents what the state is spending money on and how it will continue to be spent over the next decade. Implications of the "higher study indicate that, education in Nebraska is likely to receive a smaller share of the state budget."

According to Bartle, the reason for the status of the budget is people do not want to sacrifice lower taxes to pay for educational programming.

As a result of this, tuition will continue to be raised and classes will continue to be cut here at UNO and other NU schools. Class sizes will also continue to grow because the budget will not allow positions of retired faculty to be filled.

So with all this doom and gloom, what can be done?

According to Bartle, it is still early in the game as far as to what extent cuts will be made.

'Many people think that everything is already set in stone, but right now it is up to the legislature as to how things will proceed," he said.

Bartle encourages students to talk to their state legislature about

"The legislature has a tough decision to make and it is always the squeaky wheel that gets the grease, if students do not speak up, the cuts will continue to be made," he said.

Bartle thinks that the strength of a school affects the strength of a student's degree. In other words, if cuts are continued, education quality will also be cut.

"I strongly encourage students to make their voice heard about the quality of their education," he said.

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# NU regent proposes tuition cuts, idea receives opposition

KIMBERLY BRYANT

News editor

A proposal made by a University of Nebraska regent could have out-of-state students paying less tuition.

At the last regents meeting on Dec. 13, regent Kent Schnoeder of Kearney proposed the idea of cutting tuition for out-of-state students as a way of attracting more students to Nebraska universities and as a way to bring in more money for the NU system.

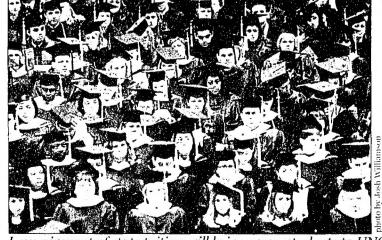
If this proposed idea were approved, what effect would this have on the out-ofstate students of UNO and the other Nebraska universities?

Currently, UNO out-of-state fuition rates for spring 2004 are \$345.25 for undergraduate students and \$384 for graduate students.

Even students who live in Council Bluffs, lowa, pay out of state tuition, despite being so close to the Nebraska border and with Council Bluffs being a part of the Metropolitan area.

"Residency affects us significantly since the Omaha-Metropolitan area extends in to Pottawattamie County," said Wade Robinson, associate vice chancellor for student affairs.

"I know it's really frustrating for the lowa students. That's why we welcome



Lowering out of state tuition will bring more students to UNO.

the discussion to see what's there for us,"

Other universities such as the University of Nebraska-Kearney could possibly benefit from the out-of-state tuition cuts, if they were approved. Robinson said he sees benefits for UNK since the state of Colorado will experience a significant increase in high school graduates in the next decade and the state universities will not be able to meet the increase.

"Kearney is trying to meet the

demand and put recruiters in the area," Robinson said.

"We welcome the discussion about residency as a whole."

The idea however has faced some resistance from other regents since they think the out-of-state students would leave Nebraska once they graduated.

"The regents are rightfully conscious," Robinson said. "We don't want to create any hard feelings with residency that not everyone would

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Chris Burbach,

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#### re from RESIGNS, page 1

chancellor since 1998.

Michelle Fryling, director of media relations at IUP, said he served only 155 days.

"It's the shortest presidency in IUP history," she said. Fryling said many students and faculty still think very highly of Hodgson. "We were all very impressed with him, especially by how student-centered he is," she said.

Judy Hample, the chancellor of the State System of Higher Education, said in a statement, that "his resignation at this time is regrettable, but I wish him the very best in the future."

UNO Chancellor Nancy Belck said Wednesday that she was aware of Hodgson's resignation. "It's a difficult situation for him," she said.

Belck has kept in close contact with Hodgson since he left the university as vice chancellor.

The search for Hodgson's replacement is near, and Belck said he will not be considered for the position.

Since the university has named their three finalists, Belck said "the search is closed." She hopes to announce the new vice chancellor within the next few weeks.

Diane Reinhard will temporarily replace him until a national search for a new president is completed, State System of Higher Education officials said Tuesday.

Reinhard, who retired from Clarion in June after a 13-year tenure as president, will take office Jan. 26. Indiana University of Pennsylvania has about 14,000 students in attendance.

#### re from VOWS, page 1

universities all over the United States are facing. He said he anticipated some challenges but no major roadblocks.

"I think I see some opportunities here," he said. "But I need to find out what they are in detail."

Bolla, whose academic path began in 1976 as assistant professor of biology at the University of Missouri-St. Louis, said

Robert Bolla

he was looking at the position at UNO as "the capstone" of his career.

Omaha had been attractive to him for many years because of its potential for growth, he said. Several years ago, he had interviewed for a position as the dean of the College of Arts and Sciences at the university.

UNO isn't the only university where Bolla has recently applied for a position, though he didn't disclose his other career pursuits.

"This is the last move I will ever make," he said. "Wherever I hang my hat next time is where I'll leave it hanging."

#### re from CROSKEY, page 1

goals of every student."

Donal Burns, University of Nebraska associate executive vice president and provost, administered Croskey's oath of office. Vince Dreiling, student senate speaker, swore Gunn into office.

Gunn said he is looking forward to working as vice president with senate. He believes his experience, as a business major will help him delegate responsibility to members of the senate.

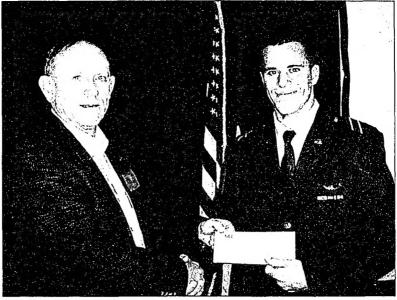
"I feel that being a business major  $\dots$  will be a very great resource to have," he said.

In addition to being sworn into office, Croskey and Gunn received student leadership scholarships. Steve Bodner, chair of the Alumni Association Board, presented Croskey with a \$2,400 scholarship and Gunn received

Croskey will serve a one-year term as both UNO president and a campus representative and student member of the University of Nebraska Board of Regents. His term ends Dec. 31.

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## UNO student receives scholarship



Jeffrey Stock, a second year student at the UNC Aviation Institute, received \$2,000 in awards from the 16th Flight Order of Daedalians Foundation and its national headquarters.

courtesy photo

MARION RHODES

A UNO Air Force Reserve Officer Training Corps cadet was one of two ROTC students in the Midwest who recently received a scholarship from the Daedalian Foundation, a fraternal organization of retired and active duty military pilots.

Jeffrey Stock, a second year student at the UNO Aviation Institute, received \$2,000 in awards from the 16th Flight Order of Daedalians Foundation and its national headquarters. The awards are reserved for students who aspire to join the military and become pilots.

Stock is a private pilot. He hopes to earn a pilot slot in the Air Force, where he plans to make a career as a commissioned officer after he graduates from college.

UNL Navy ROTC student Dylan Beyer was the other recipient of the award. Both students were presented with the awards by scholarship chairman James W. Thomas, a retired Air Force colonel, during a banquet at Offutt Air Force Base in Bellevue.



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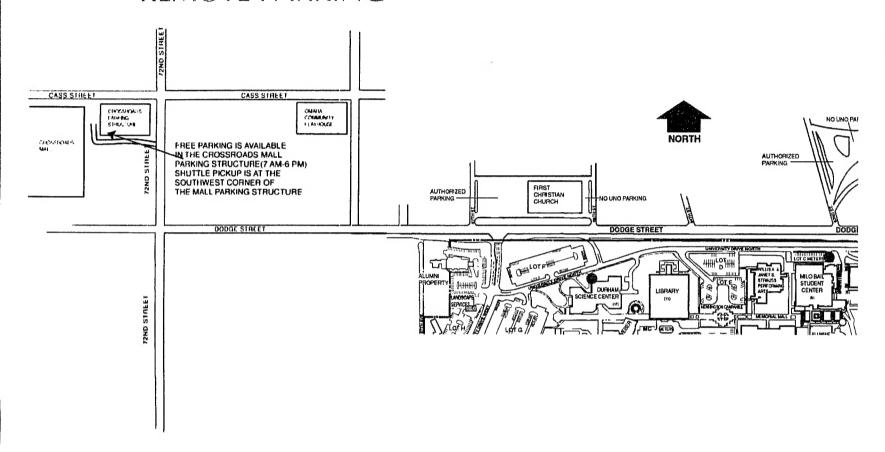
If you have insurance NOT from UNO, your plan must be reviewed by Marcia Adler by Friday, Jan. 30, 2004.

Otherwise, you will be billed for UNO insurance.

Student Health Services is located in MBSC, first floor.

## The bulk stops here.

## REMOTE PARKING





## REMOTE PARKING: Crossroads Parking Structure.

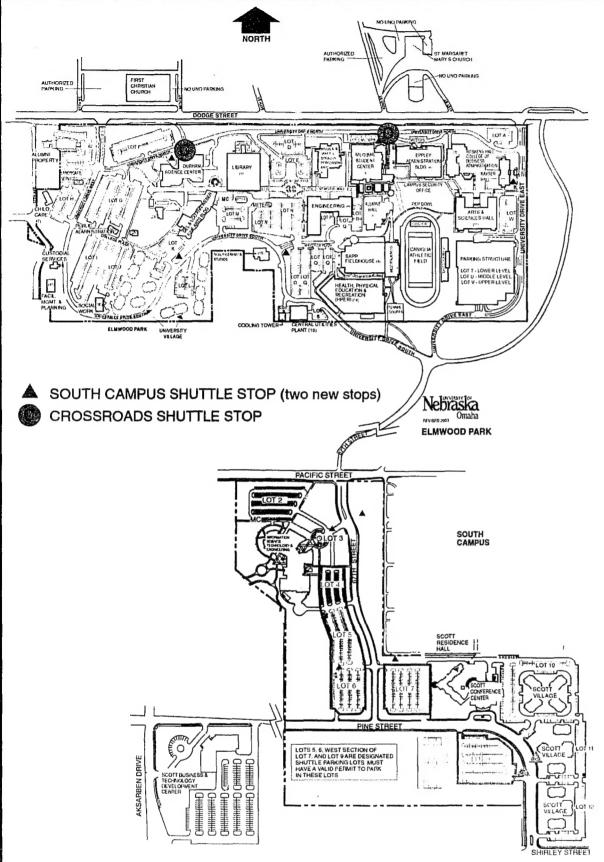
UNO provides remote parking from the Crossroads Parking Structure located at 72nd and Cass Streets. **Hours are 7 a.m. to 6 p.m.** Crossroads Garage parking is permitted on levels 1,3,4,5, and 6 ONLY. (Not on level 2 or in surface lots.) Vehicles parked illegally could be towed. Shuttle service is provided free of charge and no permit is required.

Shuttle buses load and unload at the Southwest corner of the Crossroads Parking Structure approximately every 15 minutes making stops ONLY north of the Durham Science Center and north of the Milo Bail Student Center. The Shuttle buses return directly to the Crossroads after the stop at MBSC.

The Remote Parking Shuttles will be marked to distinguish them from the Shuttle buses that service the Shuttle parking on the South Campus. (See Shuttle Parking South Campus section.)

Campus Security

554-2648



SHUTTLE PARKING: South Campus Lots 5, 6, 7 and 9

The University of Nebraska at Omaha provides Shuttle Parking on the South Campus between the hours of 6:30 a.m. and 10:30 p.m. Monday through Friday. A VALID PERMIT IS REQUIRED.

Shuttle buses leave the South Campus and the UNO campus approximately every 15 minutes making stops south of lot N, along University Drive South at the three-way intersection, south of Lot K along University Drive South, north of the Durham Science Center, north of the Milo Bail Student Center, east of Kayser hall, east of PKI (circle drive) in Lots 5, 6, 7 and 9, west of Scott Village and east of PKI along 67th Street.

The shuttle bus loads/unloads in Lots 5, 6, 7 and 9 on South Campus.

The shuttle parking buses will be marked to distinguish them from the remote parking buses that service the remote parking area at the Crossroads.

Parking: Spring 2004

\$30 Student (Valid all day)

\$15 Student Night Only (Valid on campus after 12:30 p.m.)

\$35 GTA (Restricted to Faculty/Staff lots only)

Parking Structure Access Card, if available \$17.50

Parking Structure Access Card deposit \$5

Access to the Parking Structure will be available for a fee of \$1 after 12:30 p.m. No parking permit is required after 12:30 p.m. in the Parking Structure.



## AAO unites on-campus Meningitis puts black community

CARRIE ZAAYER

Uniting African American students and creating a strong black community on and off campus is part of UNO's African American Organization's goal.

Founded in 1966 as the Black Liberators for Action on Campus, the organization continues to initiate and participate in activities around the

Part of the organization's mission is to raise political awareness in the African American community and reach out to both the older and younger generations.

"It's a really good organization, I just love it," Shereece Dendy, AAO president said. "It brings the African American students on campus together.

The organization's plans for this semester include co-sponsoring the events for Black History Month, and holding a luncheon for young black men to discuss the obstacles that prevent so many black men from attending college, said Dendy.

She said the organization hopes to host a showcase of events such as open mic, poetry and skits sometime during the

In February, members will attend the annual Big 12 Conference on Black Student Government at Kansas State University, which they participate in each year.

Some of AAO's past events have been fundraising car washes, a fashion show, packing lunches for the homeless and a party for members, which Dendy said they plan to do again this semester.

Dendy, along with Michaela Smith, AAO vice president, will also speak at the Martin Luther King, Jr. luncheon that will be held Thursday, Jan. 22.

Over the years, the organization has been involved in enacting change at UNO such as helping to create the Student Programming Organization and the Black Studies Department. The group also pushed for teacher evaluations and the pass/fail system, as well as fought racism in organizations and programs.

The organization officially changed its name to the African American Organization in 1990.

Information about AAO can be found in the Student Organizations and Leadership Programs office in the Milo Bail Student Center.

# caution in dorm living

MELISSA ENGEL

Staff writer

With another semester, comes a new approach of making sure incoming students are aware of the dangers of meningitis. The residence halls' administration is doing its part by informing about 70 new tenants of the risks of the disease associated with congregate living.

When students pick up their room keys, they are given an informational brochure and are constantly reminded of the vaccine through posters around campus. Student Health Services also distributes letters to tenants asking whether or not each tenant has received the vaccination.

In order to live on campus, each tenant must pay \$60 to receive the vaccination from Student Health Services.

Registration holds are placed on students who fail to do so. About 350 students learned of the registration hold last December after failing to meet the requirement.

"Over the holiday break in Massachusetts, three students died from the deadly disease. These deaths could have been prevented through immunization," said Marcia Adler, coordinator of UNO's Student Health Services. Not everyone is aware that this vaccine is only effective against serogroup C, which is a specific type of the disease. As of right now there is no vaccine available for serogroup B, which is the group accounting for approximately 60-65 percent of all reported cases, according to the University of Glamorgan Department of Student Services Web site. So even though you've been vaccinated, it's important to know the symptoms, remain vigilant and seek medical advice if uncertain.

Viruses and a variety of bacteria can cause meningitis, an inflammation of the membranes covering the brain. It isn't usually spread from person to person unless in close and regular contact with someone infected. Since the infected people don't show obvious signs, it is not advisable to drink from someone else's pop or take a drag off of someone else's cigarette and so on as the disease is transferred through

Signs and symptoms to watch out for include, but are not limited to, fever, vomiting, severe headache, neck stiffness, drowsiness, back and joint pains, and a rash described as tiny red or purple spots or bruises occurring anywhere on the body that do not fade under

## National Council of Negro Women celebrates black history all year

CRYSTAL REID

Senior staff writer

"The National Council of Negro Women celebrates black history all year," said Liza Arellano, president of the UNO affiliate of the NCNW.

The group is a pro-active, nonprofit organization that reaches out to support and service surrounding communities. UNO has one of 250 chartered sections, according to the group's Web site (www.nanw.org).

One objective of the National Council of Negro Women is "to reach out to all students at the UNO, in particular African-American females through leadership development, unity and support as they embark on their personal and educational goals."

"I joined because it is an opportunity to be involved with a group of people that want to serve their community, "Arellano said.



Liza Arellano, president of the UNO affiliate of the National Council of Negro Women.

importantly, a group of women."

The organization's founder, Mary McLeod Bethune, proved to be an early exemplary role model for young black women. She was the first black woman involved in the White House, according to the group's Web site. With the help of her close friend Dorothy Height, Bethune laid the foundation of what is now the National Council of Negro Women.

Local members have opportunity to participate with national members on issues and projects the organization is acting on. What is most prominent about NCNW's projects is the continual focus on programs for education and mentoring.

Arellano has big plans for the local section. She wants to work on projects geared toward homeless children.

"Having had some experience with kids staying in a shelter, I noticed that they tend to get lost in their parent's turmoil, " Arellano said. "We would like to develop a program to help with tutoring and

r see HISTORY, page 11

## **Omaha Public Libraries** offer adult program

CARRIE ZAAYER

Staff writer

The Omaha Public Library's Winter Reading Club for Adults is going on now through Feb. 29, and is open to anyone

The Reading Club encourages people to read, and also gives them something to do during the cold winter months, said Cheryl Willey, deputy manager of the library.

Any participant who reads five or more books will be awarded a calendar that was designed for the library and includes information on all the locations. Willey said the calendar is a whimsical, one of a kind, sort of thing.

A drawing will also be held for a gift certificate to a local

The club also brings people into the library and gives them a chance to see what else it has to offer. Willey said around 1,000 people participate each year.

The library offers more than 500,000 fiction and nonfiction books for adults, and its Web site, www.omaha.lib.ne.us can be used to review bestseller lists and reserve books.

Interested participants can register at any branch of the library, and they will be given a packet with information including a list of suggested books.

## Web site gives tour of Omaha's past

CARRIE ZAAYER

Everyone from Omaha has probably heard a parent or grandparent talk about the days when 72nd Street was too far west. Now step back a little farther and imagine the days when 25th Street marked the western edge of town. If you need a visual aid, now you can find it at the Omaha Public Library's new Web site, "Early Omaha: Gateway to the West."

This year marks the 150th anniversary of Omaha. The library has launched the Web which contains more than 750 images of photos, postcards, artwork and maps of Omaha from 1866 to 1923.

Everyone always wants to see what the community looked like in the past, librarian Joanne Ferguson Cavanaugh. Digitizing the images and putting them on the Web makes them accessible to anyone.

The site's contents include photo galleries, exhibits and interactive street maps. The galleries are arranged so that viewers can spend time with each photo

site, www.omaha.lib.ne.us/earlyomaha, or get a quick overview, said Ferguson Trails Digitization Project in which Cavanaugh.

"It's a wonderful opportunity," she said. "I hope everyone in the community can take the opportunity and spend some time with it."

Anyone from a curious observer to a serious researcher will find the site useful.

The images are all from the library's collection in the history and social science department and they hope to add more, Ferguson Cavanaugh said.

This project has been in the works for a couple of years and is part of the Western

Nebraska, Kansas, Colorado and Wyoming are participating in digitizing images and placing them online.

Among the hundreds of images found on the site is a picture of the Blackstone Hotel, looking much like it does today, on 36th and Farnam Streets, and a photo of Creighton College on 25th and California Streets. There is also a photo of a buggy rambling west through the countryside on a dirt-covered Center Street Road.

## Strategies for health club shopping

LISA LIDDANE

The Orange County Register (KRT)

Signing up for a health-club membership is ritual at the beginning of the year.

But before you start shopping for a workout facility, it's best to do homework on yourself.

First, ask yourself these questions:

Do I like exercising around other people? Or are you the type who views physical activity as a solitary experience? Even if you prefer to work out on your own at a gym, you will still be in contact with other people on the workout floor and locker rooms. If you're a gregarious person, the classes in a health club may be just what you need to enjoy a workout. Also, if you're a woman, ask yourself if you prefer a women-only facility because there are clubs that cater strictly to women. Health clubs just for men are few and far between.

Can I realistically carve out at least 90 minutes of my day to go a health club, including the drive/commute, but not including changing clothes and the personal

routines that follow showering? Time is one of the biggest obstacles to exercise. Some people buy a gym membership with the best intentions, but they find that driving to and from the health club is a big inconvenience, so they stop using it. If you decide to choose a club, select one that's close to home, or if you work out midday, to work.

What activities and services do I want? Do you want a small personal-training facility that has a friendly neighborhood atmosphere? Or a chain that has several locations

so you have options? Or do you want private lessons in Pilates or training for a marathon? Can you tolerate a facility that's marginally clean, or are you the type who is germ-phobic?

Do you want a luxury club that has everything, including massages? Do you want baby-sitting services?

What can I afford? You can spend anywhere from about \$20 a month for membership to one gym, up to more than \$100 for a sybaritic spalike health club.

Do I like to design my own workout, or do I want the atmosphere of a class? Answering this will help determine if a facility is the right fit

for you.

If, after answering these questions, you find that you're not a good candidate for a gym membership, you have other choices:

- Join an outdoors club. Check the

Internet or local sports-specialty stores for clubs related to your activity of choice, whether it's running, cycling, tennis, basketball, hiking or rock-climbing. You may even find one that trains you for an event. Many clubs have coaches who can guide your fitness quest.

— Exercise to workout videotapes or DVDs. The beauty of home exercise is you can do it at a time that's convenient to you. When using weight-training tapes and DVDs, it's a good idea to do the exercises in front of a mirror to check for proper form. You can find a good selection and reviews of DVDs and VHS tapes at www.collagevideo.com.

— Hire a private fitness coach. This can be a conditioning specialist or a personal fitness trainer. Three good places to start looking are National Strength and Conditioning Association; IDEA; and the American College of Sports Medicine.

— Do it on your own. Walking is a simple but excellent beginner's exercise. Start with that, and see where it takes you.

Have a fit year!

## The newbie's guide to video game consoles, how to get the most

JIM SCHAEFER

Knight Ridder Newspapers (KRT)

Admit it. You're a newbie. You're so noob you don't even know what a newbie is.

A newbie, in video game parlance, is you. Someone new to video-gaming. While the rest of the country — millions and millions of people and growing — jumped onto the video game train long ago, you've resisted mightily. You probably exercise. I'll bet you even read books.

This story is for you.

Today, we give you the newbie's guide to video game consoles, those dedicated machines that turn your TV set into an arcade game. There are three biggies, and this is a great time to buy one, whether it's for yourself, a child or a friend.

Prices are low, lines are short and there's still time to get your money's worth before the next-generation of consoles comes out in a couple of years.

Read on to find out what you need to know.

### The look, the portfolios.

Forget what you may have heard. Unless you are a geek with a magnifying glass, there is no difference worth noting in the way games look on Microsoft Xbox, Nintendo GameCube and Sony PlayStation 2.

They all play great-looking games. You should buy the machine that plays the games you might like.

The PS2 offers the largest selection of titles — more than 550. Xbox has 400-plus. GameCube, hampered by Nintendo's record of working slowly to make quality games, has a little more than 300.

But don't judge by the numbers. Many outside software makers release versions of their games for each console. The exclusive titles are what get the buzz.

Only the GameCube plays those famous Nintendo characters like Mario, Luigi, Zelda and Donkey Kong.

PlayStation 2 has cornered the rights to online versions of many of the top sports games, including Madden NFL 2004. And until recently, PlayStation 2 was the only place to go for the infamous, violent and extremely popular Grand Theft Auto games. Xbox is offering a double package of "Grand Theft Auto III" and "Vice City" for the holidays.

Xbox is the only console to host Microsoft's fabulous military-shooter hit, "Halo." This is one of the best games on the market

#### Why buy now?

The Big 3 are waging war over your family room, sothey've lowered their prices dramatically. They'll take losses on their consoles to get you to buy the games; that's where the profit lies, at \$50 a pop.

You can get Xbox and PS2, both of which cost \$299 two years ago, for just \$179. Even better, the GameCube just recently fell from \$149 to \$99. That's half of what it cost in 2001.

Look around and you can find post-holiday packages for all three that throw in things like a second controller, a game or two and more goodies for bargain prices.

When these machines first hit store shelves, people stood in long lines to grab them. Now you can walk in off the street and be out in five minutes. And there's plenty of stock.

Obsolete soon?



Video gaming is a popular trend among college students.

Ah, now there's a crafty consumer. You wouldn't want to buy one of these machines and find a brand-new, improved version hitting the market soon.

But it's safe to say you've got a good year or two \_ maybe longer \_ before there are successors. Even then, your machine won't be junk immediately.

Sony, for instance, is still marketing brand-new games for the original PlayStation, which debuted in 1995 in the United States.

Nintendo is rumored to be producing a new console to release in Japan next year. Even so, it will be a while before such a machine makes its way here.

#### Isn't Nintendo for kids?

The myth about all three consoles is that they are good only for certain audiences.

Nintendo's for young children, PS2's for pimply-faced boys and Xbox is for the older crowd.

#### Wrong

Again, it's the games. Each machine has games that fit any audience. In fact, the GameCube plays a bunch of really good kids' games and some of the scariest adult titles: "Eternal Darkness" and the "Resident Evil" series.

#### What's in the box?

Once upon a time, video game machines came with everything you needed.

But manufacturers learned how to keep dipping into your pocket. Typically, game consoles today come with just one controller.

Make sure you've got these necessary extras for each machine:

For PlayStation 2 and GameCube, you need at least one extra controller (\$10 to \$25) and a memory card (\$15 to \$25) that lets you save your progress in a game. You'll need the extra controller for Xbox, tox, but the built-in hard drive makes the memory card unnecessary.

#### Games and only games?

The GameCube is dedicated strictly to playing games. But PlayStation 2 and Xbox want to be your everything. Or, at least, your something else.

Both machines play audio CDs and DVDs, although you have to buy a remote control (\$30) to activate the DVD feature on Xbox

Recently, the PS2 came out with a camera called the

EyeToy (\$50). For now, it's being used with 12 cute little games that come packaged with the camera. But Sony hopes to use this function in bigger things someday soon.

For now, the camera captures your motions and translates them to the TV, where you move your arms and hands to burst bubbles, spin plates, whack bad guys and more.

Xbox just came out with Music Mixer (\$40), a superduper karaoke machine that also lets you put digital photos on TV and lay down a soundtrack to them.

If your Xbox is hooked up to your PC and the Internet, you can download songs for a fee, strip out lyrics and remix your PC collection of digital music.

#### What about online play?

All three consoles have multi-player functions that let you compete against other people in your home. Hence, the need for an extra controller or three.

But PS2 and Xbox have excellent capabilities to play people over the Internet. The Xbox comes with broadband capability. A modem for PS2 costs \$40.

Xbox Live is a Microsoft-controlled universe that takes all the work out of online gaming. You sign up just once for this pay service (\$70 for a year), pick a gamer name and you're off. Friends can log in and communicate with you no matter which game you're playing on Xbox Live. To play together, though, you must both own the same game. Because the Xbox has a unique, built-in hard drive, you can download new levels for certain games and other content.

Xbox Live hosts a dedicated sports service called XSN Sports. You can join real leagues for basketball, golf, hockey, football, tennis and snowboarding games, and there are more options to come. The service hosts forums for trash talk and tracks your game statistics.

PS2 offers quality online gaming and, even better, there are no extra fees. Because many of the games are not clustered like Xbox Live, you have to jump a few more hurdles to register each game. The exception is an umbrella world hosted by Electronic Arts. It makes a host of quality sports games \_ like "Madden" football \_ that are playable online only on the PS2.

Recent improvements to Electronic Arts' games have made it easier to locate friends online and set up places to meet.

Sadly, Nintendo doesn't offer much for the Internet. The GameCube can go online with an accessory modem, but Nintendo officials have said online play is too new to be profitable.

There's just one online game for the 'Cube: the aging adventure "Phantasy Star Online."

Nintendo has focused, instead, on making the GameCube unique. Some games allow connections to the handheld Game Boy Advance via an accessory cable (\$10). Using the cable, you can do innovative things like downloading part of your console game to take with you on your travels, then uploading it back to the 'Cube when you return.

Also, Nintendo made an adaptor for the 'Cube that allows it to play Game Boy games on the much bigger television screen. The Game Boy Player costs \$50.

## CD reviews

MELINDA RENNER

Senior staff writer

Josh Kelley
For The Ride Home
(Hollywood)



The opening track to For The Ride Home is the first single, "Amazing." It's a great song, catchy enough to get stuck in your head for hours. Don't let this fool you; the rest of the album is not all pop like this song. The album is very much influenced by folk and country music, possibly due to Kelley's southern upbringing. This is a very guitar-orientated album and a good example of this is the song "Faces." It's just Kelley and his guitar confessing his love to a nameless girl.

Kelley's voice is very soothing and likeable. At first, it may be hard to distinguish his sound from the Jason Mrazes and John Mayers of adult contemporary, but with a listen to this album, you can note how distinct it really is.

Overall, this record wants to be a pop record, but it's firmly rooted in its southern background. The only other pop song on here could be "Perfect 10," which is almost as bouncy as "Amazing."

Fans of John Mayer and Dave Matthews would like this album. It is perfect for reminiscing on a long drive during a clear-skied winter day or hanging out in your skivvies with your significant other.

Grade: B



Thursday War All the Time (Island)

The latest album by Thursday starts off with an assault of driven guitars on

your ears and Geoff Rickly's voice for the missiles. This is *War All the Time*, the enemy being the banality of a 9 to 5 job and the involuntary will to survive.

The single "Signals Over the Air" does a great job at an introduction to what a listener can expect when buying this album. Don't expect it to be all hardcore, though. "This Song Brought to You by a Falling Bomb" is an amazing song that takes the band away from its central genre.

"Asleep in the Chapel" was my favorite on the album. It showcased Rickly's lyric-writing ability and the band's musical aptitude for the hardcore genre. Another great song to check out is "Steps Ascending," which showcases cello work from Cursive's Gretta Cohn and the vocal talents of Jonah Mantranga of Onelinedrawing.

If you liked *Full Collapse* by Thursday, you'll enjoy this as well. Fans of Coheed and Cambria will appreciate this album, too. *War All the Time* is good to listen to when you want to get out any aggressive thoughts or actions.

Grade: A-

Paloalto
Heroes and Villains
(American)



This southern California group sounds like it rode in on the waves of the Atlantic from the United Kingdom. Lead singer James Grundler's voice reminds one of a third-rate Thom Yorke. The album opens with "The World Outside" and this mellow song sets the stage for the rest of the album — mostly lackluster tunes with a few sparkles.

Two songs stand out on this album. "Going Going Gone" picks up the pace and has interesting guitar work on it. The most energetic song on the album is "What You Are," but it still drags, so if you are looking for brisk rock and roll beats, this album is not the way to go. The lyrics on all the songs are insightful and about discovering one's self.

If you are looking for good background noise, this album is ideal. Fans of Coldplay or Travis might enjoy this album. If you want to try something of the same design but don't want to listen to Brit rock anymore, try Longwave's *The Strangest Things*; it has the same concept as *Heroes and Villains*, but done a lot better.

es ana viiia Grade: C+

# PRED MEAT non-addictive humor substitute from the secret files of MAX CANNON. Un. I was just wondering. Mister Loeb would it be ckay if I leave work early today? Actually, Sir ... I'm feeling kind of sick Rubbing someone's inflamed bunions is repulsive work. Now, please get started on my other foot before it starts oozing again. That certainly isn't surprising, Johnny.

## The Zombie Survival Guide: Complete Protection from the Living Dead

The Zombie Survival Guide:

Complete Protection from the

Author: Max Brooks

Format: Paperback

ISBN: 1-40004-9628

House, Sept. 2003

Published by Random

Living Dead

REVIEW BY A.M. WADE

Staff writer

With a father like the legendary comic filmmaker Mel Brooks, it is no surprise his son Max Brooks has inherited his wit or his mother's (actress Anne Bancroft) deadpan delivery. While his day job has been churning out SNL sketches, his nights have

been obsessed with producing the most comprehensive survival manual ever. In the age of Survivor and the Worst-Case Scenario book series, Brooks' first book, The Zombie Survival Guide: Complete Protection from the Living Dead, finally offers the serious reader something useful.

something useful. Serving up a scientific analysis of hushed-up events that have been fictionalized in George Romero's Night of the Living Dead reports, Brooks gives every survivalist what he or she has long needed-life-saving advice and strategies. In carefully organized sections, detailing everything from weapons to dress to transportation, Brooks discusses in detail what every warm human should know to stem the tide of the undead. Brooks presents several scenarios, exploring the myriad possibilities with which citizens will have to contend in case of zombie attack. Not only does Brooks cover how to survive a first attack or how to deal with one zombie in hand to hand combat, he also considers how to get by in

documentaries have shown how easily it might—Brooks gives excellent pointers on what climates would

a minor outbreak, a

widespread outbreak

or-gulp-global

infestation.

Should it ever

come to that-

and Romero's

fictionalized

be the best to start a human colony anew and how to thrive in a zombie-controlled world.

In addition to the highly informative sections on simple survival, foraging for food and water, securing your base camp, learning to read the terrain for signs of zombie movement, and how to organize

search and destroy missions, Brooks has included a full appendix on recorded zombie attacks in human history. This is particularly helpful in forming a basis of knowledge before any attack, so that one can recognize the signs of an outbreak early and have the best chance of escaping

alive. Patience (not panic), rational thought and order are the most useful tools one will need when the Apocalypse comes knocking.

As Brooks illustrates, the finest, most-powerful loaded weapon is utterly useless against a ghoul in the hands of an untrained, unnerved warm body. But the calm and prepared reader can wreak havoc with something as

low-tech and simple as a crowbar.

For the uninitiated reader,
do not make the mistake
of confusing modes of

undead lore. These things are not vampires, undead but rather charming. There is no romance, no vampire sex, no conversation. These ghouls are only

conversation. These ghouls are only interested in one thing: feed. The dead are no longer your friends and neighbors, your brothers and sisters, mothers and fathers. These are carrion, walking, rotting flesh—which is useful, as you can learn to recognize the smell and be on the lookout. Do not get mired in the sentimental sight of a familiar face. Keep your weapons ready, your mind sharp, your sense alert and, as Brooks says, "use your head: cut off theirs."

#### Braving the weather



UNO student Abby Murrell's hair is grabbed by a strong gust of wind Tuesday afternoon. A cold front reminded Omaha that is was indeed still winter .

## America's pop culture was awash in 2003 with wacky diversions

PAUL HODGINS

The Orange County Register (KR1)

Girl-on-girl kisses. Talking fish.
Weddings announced. Weddings
postponed. Weddings broadcast worldwide.
Nasty front-line video from Baghdad.
Nasty backroom video from Paris.

Trying to make sense of our culture's crazy-quilt imagery over the past year is a confusing task, but some ironic contrasts and confluences present themselves.

It was a year when America went to war, yet our fascination with the trivial reached strange new highs. A time when the country's leaders seemed more determined than ever to hew to a conservative vision, yet certain former fringe elements — homosexuality, pornography — mingled with the mainstream.

But most of all, 2003 was the year when reality TV finally became our collective reality:

The marriage of "Bachelorette" Trista Rehn to Ryan Sutter was one of the most talked-about TV events of the past 12 months. Was the high-maintenance former cheerleader a bad match for the laid-back Colorado firefighter? Would their million-dollar union last past the honeymoon? Who cared? Apparently, lots of us did.

We also cared \_ weirdly but passionately \_ about the adventures of two high-society babes who traded Guccis for gumboots to work on a farm. Despite, or perhaps because of, her infamous sex video (leaked against her wishes, the heiress claims), Paris Hilton, the terminally ditzy star of Fox's "The Simple Life," gets the prize for Most Undeserving Celebrity of 2003. (Sorry, Jessica Simpson, you're only a runner-up. I'll bet that Paris didn't know Chicken of the Sea was actually tuna, either.)

We gathered around the video fireplace in surprising numbers to watch a gaggle of wisecracking gay men transform poor schlubs into their vision of male perfection. In a year that saw fierce debate over homosexuality's place in American society, the runaway success of Bravo's "Queer Eye for the Straight Guy" signaled more strongly than any Supreme Court ruling that America's tolerance for gays had inched forward \_ in the realm of lighthearted entertainment, at least.

Television's most talked-about moment in 2003 had nothing to do with reality. Britney and Madonna's lingering smooch at the "MTV Video Music Awards" telecast was this year's primo example of sex as manufactured commodity. By co-opting a trademark of the once-taboo porn industry — faux lesbianism — the media-savvy pair made several simultaneous statements: As pop culture's queen envelope

pusher, Britney is Madonna's heir apparent; what was once shocking is now fit for basic cable; and sex, as always, sells.

So do sequels. Despite critical misgivings and lackluster fan response, "Matrix Reloaded," the second part of the Wachowski brothers' dark alternative-universe trilogy, grossed \$735.7 million worldwide, making it the 13th most successful film in history; the last chapter, "Matrix Revolutions," which came only a few months later, has made more than \$400 million. "The Return of the King," the just-released third and final

installment of director Peter Jackson's "Lord of the Rings" series, will undoubtedly top that figure. Its two predecessors have made a combined total of \$1.78 billion, putting each of them in the top 10 of the box-office pantheon, and "King" made \$246 million

worldwide in its first five days of release. Despite their impressive numbers, the two series followed opposing trajectories: Jackson's saga seems stronger now than ever, while the Matrix magic has largely dissipated.

Only slightly less popular at the box office were Pixar's "Finding Nemo" (\$669.9 million) and Johnny Depp's drunken comic romp, "Pirates of the Caribbean" (\$650.5 million), proving that despite Disney's recent missteps (anyone care to defend "Tireasure Planet"?) The decade-long animated-film trend is bound to continue, and a new cinematic source — the theme-park ride — may well be the next vogue. What next? The Seven Dwarfs in "It's a Small World After

In the realm of pop music, a pokey economy and the unstoppable rise of music downloading meant a fourth straight year of shrinkage for the oncemighty record companies. Two giants, Sony and BMG, are talking merger - the latest chapter in a neverending tale of corporate consolidation. But many familiar names had banner years, and some up-andcomers broke through: Beyonce, OutKast, White Stripes, Coldplay, 50 Cent.

There were some surprises. Simon and the Garfunkel reunited without fighting. Justin Timberlake proved himself both a capable

R&B solo act and a deft comic performer. His appearance on "Saturday Night Live" reportedly led to Hollywood offers. "American Idol" runner-up Clay Aiken demonstrated he was no mere flash in the pan, touring and recording to wide acclaim.

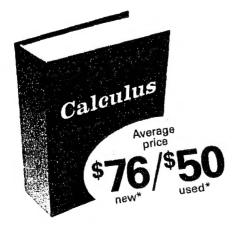


**Britney Spears** 

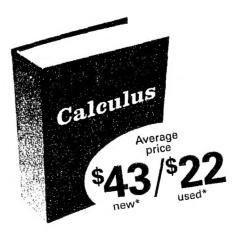
His "This Is the Night/Bridge Over Troubled Water" is the best-selling single of the year. Norah Jones' sleepy-sexy CD, "Come Away With Me," dominated the Grammys and the airwaves. And the Dixie Chicks proved more controversial than Suge Knight.

Celebrities made the front page this year in ways that shocked and saddened, amazed and delighted. Arnold Schwarzenegger, not content to launch another chapter in his "Terminator" franchise, ousted Gray Davis to become California's second movie-star governor. Michael Jackson, whose career seems to be disintegrating in slow motion, is fighting child-molestation charges. Rush Limbaugh may have to rethink his position on drug abuse. U-2's Bono scored what has to be a pop-culture first: He was among 150 finalists for the Nobel Peace Prize. J.Lo and Ben Affleck played with our loyalties and had a grand time flummoxing the media with their on-again, off-again wedding plans. Do whatever you want, kids, except make a "Gigli" sequel.

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## Happenings around the beautiful game

Senior staff writer

Much has happened in the world of American soccer since the San Jose Earthquakes won the MLS Cup, leaving the so-called "silly season" with more sizzle than silliness.

#### U.S. takes on Euro contenders

As the qualifying rounds for the 2006 World Cup approach, United States Head Coach Bruce Arena has lined up a pair of high-profile opponents for exhibitions. The 2002 World Cup participant Denmark and the U.S. will play Sunday in the first match at the Home Depot Center in Carson, Calif. The Danes won their World Cup group, ahead of defending champions France, and their Euro 2004 qualifying group over Norway and Romania.

The States will then cross the Atlantic in February for a match with the "Oranje" of Holland. The match, which will be played in Amsterdam, will be America's first trip to Europe since matches away to Italy, Ireland and Germany headlined the team's 2002 World Cup preparations.

Denmark's league is in its preseason while MLS is off until April, so neither team may be particularly sharp. Look for the ball to spend most of the match in the air as the

U.S. grinds out a 2-1 win. The Holland and Hannover 96 and is currently training match, however, falls on a FIFA international match day, so both teams will have their best players available. The Dutch have been inactive since routing Scotland 6-0

to qualify for Euro 2004, but should still be good for a 3-1 win over the Americans. Winter

wheeling and dealing Up to four different American stars could be applying their

trade in Europe as the transfer market heated up in January.

Chicago Fire defender Carlos Bocanegra and Metrostars striker Clint Mathis both saw their MLS contracts expire at the end of 2003. Bocanegra officially signed with Londonbased club Fulham this week while Mathis is still entertaining offers from multiple teams. The Conyers, Ga., native has worked out with Glasgow Rangers, Leicester City

with English club Sunderland.

Brian McBride's third trip to Europe could be a permanent one. The Columbus Crew forward has already been loaned out to English clubs twice, once each at Preston North End and Everton, but may make

> permanent move Blackburn Rovers. An official

announcement

has yet to be made, but reports have McBride joining countryman Brad Friedel at Rovers on a three-year

contract with a \$1 million transfer fee paid to MLS. Other rumors include English Premier League

strugglers Portsmouth taking Earthquakes starlet Landon Donovan on loan while the Angeles Galaxy's Guatemalan

goalscorer Carlos Ruiz has worked out with both Leicester City and Wolverhampton.

Path to Germany laid out for U.S.

If the U.S. is to make its fifth straight World Cup finals, some island-hopping may be in store.

The preliminary draw for the 2006 World Cup qualifiers was held in Frankfurt and the States received a somewhat favorable draw. Receiving a first-round bye, the U.S. will play either Grenada or Guyana in a two-legged playoff in June. The winner of that playoff with take on other winners in the semifinal round, likely against El Salvador, Jamaica and Panama.

Mexico received the easiest semifinal group in prospect, with Trinidad and Tobago, Barbados and St. Vincent and the Grenadines as their potential opponents. Costa Rica, meanwhile, could be in for a struggle in a potential group featuring Guatemala, Honduras and Canada.

Europe's draw saw England, Wales and Northern Ireland all drawn into a volatile group six along with Poland, Austria and Azerbaijan. Ireland was drawn alongside France, Switzerland and Israel in group four while Scotland will face Italy, Slovenia and Norway in Group Five.

# Menghini leads Mavs to K-State victory

J. PARKER ADAIR

Sarah Menghini did what no other Mayerick has ever done and what only one other North Central Conference woman has accomplished. On Saturday in Manhattan, Kan., Menghini ran the 200meter dash in 24.97 seconds.

The school record was one of 12 topthree finishes by Mavericks in Manhattan. Nebraska-Omaha won the Kansas State Invitational 80-52 over Oklahoma Baptist.

Menghini was the first May on the medal stand and was joined by freshman teammate Laverne Monger. The victory for Menghini is bittersweet, as the 200 is not yet a national championship event.

Coach Tim Hendricks said, "Since it's an event at the national championships, there are no rankings for the 200. If there were, she'd be ranked

Molly Miller, DeAnna Bailey and Sarah Zeisler took win, place and show in the 1000-meter run, giving UNO its only one-two-three sweep of the day.

Shausha Lee turned in the most important performance, yet she only placed fifth. The senior recorded an itomatic qualifying mark in her home state. The Arkansas City native threw 52

Distance races were good as always with Laura Gass taking second in the 600yard run. In the mile, Zeisler, Miller and Des Campbell went three-four-five. Amanda Mahan took home the silver medal in the 800-meter run.

Senior Mandy Neneman placed second in the 60-meter hurdles with a 9.07

Foluso Makinde, who had set an NCAA provisional mark earlier this season, took third in the long jump. Her 18 foot 8 1/2 inch effort gave her the provisional mark for nationals.

"An automatic mark qualifies you for the national championships no matter what you do the rest of the season," Hendricks said. "A provisional mark is more of a guideline. About 30 or 40 make the provisional in indoors and they take the top 12. Only about two, three or four make the automatic mark."

Monger earned that automatic trip to the national championships by blazing the competition earlier this year. She ran the 60-meter dash in 7.76.

UNO will compete twice this weekend. Today they compete at the Hy-Vee Invitational in Vermillion, S.D. Tomorrow they travel to Crete to compete In the Ward Haylett.

## Gym shorts, Jan. 16

\*Maverick wrestling team slid from third to fourth in national rankings despite a dominating performance at the Brand Open. Pittsburgh-Johnstown edged them out 138-137. Wrestlers ranked in the top eight are: Mitch Waite (fifth; 133 pounds), J.D. Naig (fourth; 165), Bobby Edmonds (second; 174), and Les Sigman (first; 285).

\*Former UNO football assistants Jeff Jamrog and Marvin Sanders were released

from the Nebraska-Lincoln football staff. Hey guys, if you need help getting back on your feet, you can stay at my place if you roam Caniglia's sidelines again.

\*Has anyone stopped by the bookstore lately? Other than a barrage of overpriced books, they have a great selection of Maverick athletic gear. Among sweatshirts, jackets, banners and piggy banks, you will find the lowest prices on hockey jerseys. May I suggest the new black ones with ties? Comfy, warm and extremely stylish.

\*Think dancing isn't a sport? Take a look at some great athletes in their element. They may not be competing, but the dancers at Contemporary Dance Omaha are extremely athletic. They're putting on a show Jan. 15-17 at Creighton University. Call 551-7473 for more

\*Donovan J. McNabb is the greatest Eagle say about that fourth and 26 pass is, "She's on others think you are."

Louis defensive coordinator Lovie Smith was named the Chicago Bears head coach. How cool do you have to be to get away with being a guy named Lovie?

\*Looking for a class to fill your schedule? Is Advanced Chemistry 4600 kicking your pants? Do you have a love or mild interest for sports? Take a look on EBRUNO. Just about every coach teaches a class. I personally am enrolled in

Football Coaching Theory as well as Baseball Coaching Theory. Here's a way to find out why Coach Herold didn't hit and run on a 3-2 count.

Sunday UNO's swim team faces the Nebraska-Kearney women at 1:30 p.m. in the HPER pool. If the football team has the "Victory Bell," can the swim team earn the "Aqua Bell?"

\*If anyone out there has a giant plasma TV and would like to watch the Super Bowl with a sports editor, I know of one.

\*As we celebrate Dr. Martin Luther King Jr. Day, think of the influences King had as a youngster. Had it not been for the fact that he played both football and baseball, would King have become as successful and as motivated as

\*What an appropriate quotation in honor of Dr. King. John Wooden said, "Be more concerned with your character than your reputation, because your character is what you since another great Don, Henley. All I have to really are, while your reputation is merely what

## This week in sports history

\*Jan. 16, 1970: Curt Flood became the father of free agency when he tested and beat Major League Baseball's reserve clause. Two days later, he celebrated his 32<sup>nd</sup> birthday. Two days after that in 1997, Flood passed away.

\*Jan. 17, 1942: Cassius Clav is born. He later converted to Islam, becoming Muhammad Ali, or as he preferred "The

\*Jan. 19, 1974: The UCLA men's basketball team missed five shots in the final 21 seconds to lose to Notre Dame 71-70. This was the first loss for the Bruins in 88 games, a spanof three years.

\*Jan. 21, 1979: Terry Bradshaw threw four touchdown passes to lift the Pittsburgh

Steelers to its third Super Bowl victory. The next year, the "steel curtain" won its fourth in five

\*Jan. 23, 1929: Miller Huggins added permanent numbers to Yankees uniforms. The Yankees have since retired 16 of those numbers. Bill Dickey and Yogi Berra each retired the number eight. - Compiled by J. Parker Adair

Comments? Concerns? Complaints? Write the Editor at editor@gateway. unomaha.edu



## The Herd creates needed fan base

J. Parker Adair

Sports editor

In the past few years, UNO sports have become worth watching. The only problem is that that there haven't been many fans at the games. So UNO student has decided to do something about it.

Jake Ozanne came up with the idea in his Basketball Coaching Theory class. "Coach [Kevin] McKenna opened up discussion about how we could get more fans at the games," Ozanne said. "I went up to him after class with my idea, and he jumped on it."

After going through the assistant athletic director as well as both the men's and women's basketball coaches, Ozanne had an idea with some legs, and a spine tox.

Next he needed some muscle for it. That's where Sam Sortino, owner of *Sammy Sortino's Pizza Parlor* came in. Sara, Sortino's daughter, is an outfielder on the Maverick softball team. Sam thought *The Herd* was a perfect way to get support for UNO athletes.

Ozanne and his brother Clark had T-shirts made up for *The Herd*, and Sortino threw in a 15% discount to those wearing a *Herd* shirt at his restaurant. He's working on designating an entire room as *The Barn*.

The University of Nebraska-Omaha campus now has this great program to support its athletes, and who better to come up with it...than an athlete. Ozanne played middle linebacker for the Mavericks for two-and-a-half years before an injury forced him to medical redshirt.

For a mere five dollars, a student gets a Herd T-shirt, free food at selected games, team e-mail updates from both the men's and women's coaches as well as the savings at Sammy Sortino's Pizza Parlor.

The plan from here is for *The Herd* to see how this season goes. From basketball, they are looking to branch out into every sport.

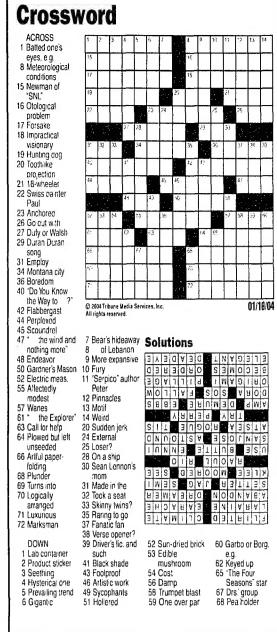
"I know there are only a few events here, but I'd like to get *The Herd* to swimming too," said Ozanne.

Right now *The Herd* is at about 70 members. That's pretty impressive considering it didn't even begin until a few weeks before the season. If they can get about 100 fans consistently, the fan club may begin to take some small road trips.

"The best way to get involved is to come to the next game," said Ozanne. "We're going to have a table set up where you can sign up. We've even got a bullpen where you can yell from, complete with chicken wire."

Finally, there is the foundation for a great fan base at UNO. It is something that has lacked, and now students have spoken up. For more information, check out the table at the next home game or contact Ozanne at 706-9140.





Left, UNO's Krissy Turan makes a shot versus College of Saint Mary's Lydia Zaragosa in a Dec. 29 game.
The men's and women's basketball teams are supported by The Herd.

#### from HISTORY, page 6

mentoring

Serving our community in honor of Dr. Bethune and Dr. Height is the best way that we can thank them and the many others who left us a legacy and paved the way, she said.

So while the nation gears up for Black

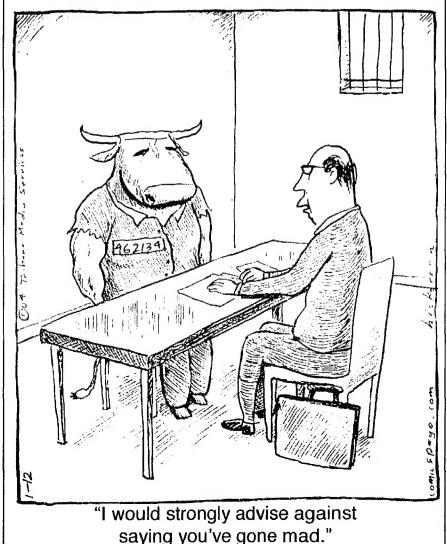
History Month, Arellano reminds the UNO community that the history and contributions of black Americans are ever prevalent.

"Black History Month is a time when we can all collectively stop to recognize the contributions that the black people have made in this country," Arellano said.

# Parking Notice

If you are parking on the South Campus DO NOT park in FDR's parking lot!

If you have any questions, please contact Campus Security at 554-2648.



## Welcome to UNO

554-2634 HPER 100 www.unomaha.edu/~wwwocr

Mav-Rec GroupEx

GroupEx				
Monday	Tuesday.	Wednesday	Thursday	
12 - 12:50 pm Muscle Conditioning HPER 112 Janine	12 - 12:50 pm Basic Training HPER 112 Janine	12 - 12:50 pm Circuit Training HPER 110 Sara	12 - 12:50 pm Circuit Interval HPER 112 Janine 12 - 12:45 pm	
5:15 - 6:15 pm Beginning Yoga HPER 231	12 - 12:45 pm Aqua Lunch HPER Pool Merrileo	5:15 - 6:15 pm W.E.T, HPER Pool Membee	Aqua Lunch HPER Pool Crystal 2:15 - 3:15 pm	
5:15 • 6:15 pm Step HPER 110	2:15 - 3:30 pm Step / Crunch HPER 230	5:15 - 6:15 pm Beginning Pilates*	Stop / Strongth HPER 230 Mara	
Lily	Mara	HPER 230	5:15 - 6:15 pm Deep Water Exercise	
6:15 - 7:15 pm Beginning Pilates*	5:15 - 6:15 pm Deep Water Exercise	5:30 - 6:30 pm Step 'N' Tone HPER 110	HPER Pool Sheryl	
HPER 110	HPER Pool Sheryl	Lily	5:30 - 6:30 pm Turbo Kick HPER 231	
7:15 - 8:15 pm Turbo Kick HPER 110 Alt 5on K	5:30 - 6:30 pm Alternative Aerobics HPER 110	7:30 - 8:30 pm S.W E.A.T. HPER 231 Alison K	Allison K.	
	Affision K		2 - 12:45 pm Aqua Lunch	



## May-Rec

- Climbing Wall -

Hours of Operation

M/W: Noon-9 pm Tue/Thurs: 1-9 pm Friday: Noon-8 pm Sat/Sun: Noon-6 pm

- Bouldering Wall -

Free for all students, activity card holders, and registered guests!!

Same hours as above

Same hours as above

Get a Belay Certification! One time payment of \$7.50

- OVC Rental Center Hours -

Monday - Friday: 2 pm - 6 pm Saturday: Noon - 2 pm\*

Sunday: Noon - 2 pm\*

Cross-Country Skiing One-Day Workshop Saturday, January 24, 11:30 am - 4 pm In the spirit of finess or fun you can take part in one of Nebraska's writer wonders during an OVC cross-country skiing workshop In this workshop you will team about ski equipment clothing, and techniques. The group will take to the snow and isann basic skiing techniques in Elimopod Park. Prze includes rontal fee of ski equipment of there is no snow the workshop will be cancelled Registration cost: \$34 UNO/ \$39 GP

Kayak Open Pool Sessions Sunday, January 25, 4 - 6 pm If you have been in an OVC Apyak class and want to work on your skills, join us at the UNO pool. The session works on a drop-in basis and there will be no formal instruction involved. Please call and let us know you will be altending. Resistation coat: FRES UNOV 55.25 GP.

Check out all of OVC's Upcoming Events on the Campus Recreation Website Questions? 554-2258/2539 ovc@unomaha.edu

## Mav-Rec

Spring Dance Lessons

#### Swing

Latin +

Learn how to dance many types of swing to a variety of music.

Merengue, Cha Cha. Rhumba, Waltz, and Two Step

Latin+: 1:30-2:30 pm Swing: 3:00-4:00 pm

Session One: Sundays February 15, 22, 28 and

March 7
Session Two:

Sundays March 28, and April 4, 18, and 25

	One Session	Both Session
With Activity Card		
You	\$15	add \$5
Friend	\$13	add \$5
W/O Activity Card		
You	\$18	add \$5
Friend	\$15	add \$5

Register in HPER 100 Questions? call Campus Rec @ 554-2539

## W.O.W.

#### women on weights

Learn how to lift weights properly in this structured class taught by a trained UNO Campus Recreation Weight Room Supervisor.

Mondays and Thursdays 5.15 - 6:16 pm January 26, 29, February 2, 5, 9, 12, 16, 19, 23, and 26

#### Seesion I

Mondays and Thursdays 5:15 - 6:16 pm March 1, 4, 8, 11, 22, 25, 29, and April 1, 5, 8

\$8 for students, \$10 for HPER activity card holders, \$12 for non-activity card holders

Register in HPER 100

## Golf and Archery Open Lab Hours, HPER 230 January 22 - April 2

Monday: 7 - 8:30 pm
Thursday: 11am - Noon
Friday: 4 - 6 pm (Family Hours)

Open to all students, faculty, staff, and activity card holders.

## Mav-Rec

FREE

New Intramural Session! Sign up now in HPER 205!

#### 5x5 Basketball

Men's, Women's, Co-Rec

6x6 Volleyball Men's, Women's, Co-Rec

Doubles Raquetball Men's, Women's, Mixed Doubles

Sign ups end January 22 at 5 pm

Call 554-2634 for more information

## May-Rec

Open House Soccer Club Meeting

January 26, 6:00 pm HPER Room 102

The University of Nebraska is an equal opportunity / affirmative action institution. There are inherent risks involved in all Campus Recreation activities including loss of property, injury, illness, and death

# www.unogateway.com

## CLASSIFIED ADS

#### Notices

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability, marital status or sexual orientation.

#### Lost & Found

FOR ITEMS LOST AT UNO Contact Campus Security, EAB 100, 554-2648. Turned-in items can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Office located in Milo Bail 1st Floor.

News tip? Call 554-2352

#### HELP WANTED

Make Money taking Online Surveys Earn \$10-\$125 for Surveys Earn \$25-\$250 for Focus Groups Visit www.cash4students.com/

Ballet Instructor Needed Call Cheri at 390-2657

#### Clinical Trial Opportunity

If you have asthma or allergies you may be eligible to participate in a future study of new medications. Compensation available for active study participants. If interested, call Research Dept. at (402) 391-1800

Allergy, Asthma & Immunology Associates 2808 South 80th Avenue, Suite 210 Omaha, NE 68124

Part time childcare needed In-home. 156th & Dodge area. 1:30-4:30, 3 to 4 days a week. 333-4163

#### Need Servers & Hosts Lunch & Dinner, Part-time & Flexible

No experience necessary, Jack & Mary's Restaurant Call 496-2090 or apply in person 639 N. 109<sup>th</sup> Ct. (Old Mill)

Are you an energetic individual with an enthusiasm for teaching children? Does the thought of being a Mad Scientist intrigue you? We are looking for individuals to teach after school science programs to elementary aged children in the Omaha area. Experience

Omaha area. Experience with children in an organized setting is required and an interest in science is helpful! You must possess reliable transportation and be available at least one weekday between the hours of 2 PM – 5 PM. Pay begins at \$20 per class taught, with pay increases available. This is a great

opportunity for education

and science majors to gain valuable hands-on experience! For more information call Colleen at (402) 934-3311 or apply at www.madscience.org/

NEEDED: Responsible person to be caregiver for 13-year-old boy. Own transportation necessary. Should be flexible. Satary negotiable. 496-8881 after 6pm or leave message.

GREAT SUMMER JOB Flexible Hours, No Sales Work Outdoors

\$12/hr. Call Ryan 215-6832

#### FOR RENT

1, 2, & 3 bedroom apts & townhomes. 15 minutes from campus. \$350-\$675. Campbell Mgmt & Investment. 894-9536 An Alumnus family company.

#### MIDTOWN APARTMENTS

Remodeled, very clean, quiet controlled access, off street parking, extra lighting in parking lots. No smoking, no pets. Well maintained with 24 hr maintenance from \$340-\$455. Call Sharon Paterson, owner, 721-1031 Free color TV, microwave, DVD player or book allowance with 1 yr lease.

#### Housing

Earn money & live rent free in a lovely home near UNO. Requires willingness to be at home most evenings. Call 391-4842

APTS., HOUSES and sleeping rms. for rent, roommate lists - call UNO off-campus Housing Referral Service at 554-2383 or stop in the Admin. Office, Milo Bail Student Center.

APARTMENTS AVAILABLE

9 Month Lease Available
417, 421-423 North 40th
Street (Between Cathedral
and Joslyn Castle) Large 1
and 2 Bedroom Apartments
Carpet, Central Air, All
appliances Off Street
Parking, Security. Lease
from \$375-\$495 per month
Heat and Water Paid
Belgrade Company Phone
393-6306 or Fax 393-4208

## ROOMMATE WANTED

Big bedroom in large house within walking distance to UNO. Shared bath, kitchen, laundry, living area. Utilities, phone, cable TV, cable modem included. Females only. \$375. 502-1617

Roommate wanted to share spacious 2 bedroom, 1 1/2 bathroom townhouse at 108th and Maple. Rent is \$400/mo and includes water, trash and sewer. Nice pool and basketball court. Plenty of parking and a great neighborhood. If interested, call Lori 660-2076.

#### TRAVEL

Spring Break 2004. Travel with Si S, America's #1 Student Tour Operator. Jamaica, Cancun, Acapulco, Bahamas, Florida. BIGGEST CLUBS, BEST PARTIES! Call 800-648-4849 or www.ststravel.com

\*\*\*ACT NOW! Book 11 people, get 12th trip free. Group discounts for 6+ www.springbreekdiscounts.com or 800-838-8202

#### ANNOUNCEMENTS

Having a difficult time?
The Community
Counseling Clinic in Kayser
Hall 421 is free to students
and low cost for everyone.
Call 554-2727 for an
appointment.

Clubs & Organizations Place Classified Ads for ONLY 25¢ a Line!! Call or Stop by the Gateway MBSC 115 554-2470